



St Tudy Pre-school

NEWS

Welcome Back

We hope you all had a lovely summer holiday! This term we are welcoming several new faces, and are looking forward to welcoming back lots of our returning children too.

Please feel free to ask who your child's Key Worker is if you aren't sure. Our key dates and events are within, along with some suggestions for activities and recipes for you to create with your little ones.

Rachael, Kate, Vicky, Nikki, Ewelina, Carla, Mel and Sue



Personal Items



Please can we remind parents that all children attend with:

- Named clothing (silly as it sounds but even down to their socks!)
- Named coat, waterproofs, wellies and any accessories (hat/gloves etc)
- Named sun hat and sun cream (preferably a sun cream that could stay at preschool)
- Named lunchboxes (including pots/containers)
- Named drink bottle (empty or filled only with water)
- Named wet wipes and nappy cream, plus plenty of nappies/pull-ups for your child's session (*if applicable*)
- Plenty of named spare clothing including underwear and socks

If anyone needs to order uniform please keep an eye on our [St. Tudy Pre-school current Facebook group](#), as this is where we will update you when we are placing orders.

23/24 Dates for Diaries

Autumn Term: Monday 4 September – Tuesday 19 December

- *Half-term 23-27 October*

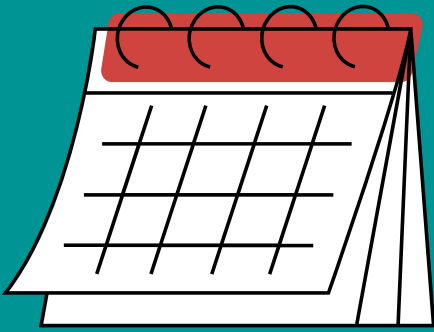
Pre-School Open Evening & AGM: 6pm Thursday 9 November

Spring Term: Thursday 4 January – Thursday 28 March

- *Half-term 12-16 February*

Summer Term: Monday 15 April – Wednesday 24 July

- *Inset week 20-24 May*
- *Half-term 27-31 May*



Recipe

Vegetable pizza with lentil and tomato sauce

Ingredients (makes 4 large pizzas)

Pizza dough:

- 150g wholemeal flour
- 350g strong white flour
- 1 ½ tsp dried fast action yeast
- 1 tbsp olive oil



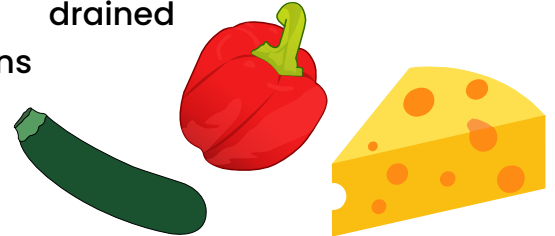
Tomato sauce:

- 100g red lentils, cooked according to packet instructions
- 1 can chopped tomatoes
- 1 small garlic clove
- Pinch of dried thyme



Toppings:

- 160g grated cheddar and mozzarella cheese
- 1 pepper, cut into strips
- 1 courgette cut into rounds
- 1 can salt-free sweetcorn, drained



Method

To make the dough, put both flours into a large bowl, then stir in the yeast. Make a well, pour in 400ml warm water and the olive oil and mix with a wooden spoon until you have a soft, fairly wet dough. Bring together with a light knead in the bowl then turn onto a lightly floured surface and knead for 5 mins until smooth. Cover with a tea towel and set aside. Leave the dough to rise if you have time but it's not essential for a thin crust.

To make the sauce, blitz the tomatoes, cooked lentils, garlic and thyme, either in a food processor or using a hand blender.

Heat oven to 240C/fan 220C/gas 8.

If the dough has had time to rise, give it a little knead in the bowl, then split into four balls. On a floured surface, roll out two of the balls into wide circles using a rolling pin. The dough needs to be very thin as it will rise in the oven. Lift these onto two floured baking sheets or pizza trays.

Smooth sauce over bases with a spoon. Scatter with the toppings. Cook for 10-15 mins until crisp.

Activity

Setting up a play home office

This is an indoor activity kids love, especially if your own home office is getting a workout right now—they'll enjoy the chance to be "just like you."

Set up a pretend office in a corner of your home where kids can make calls, write letters and "send" them, and type important emails.

Be sure to provide lots of varied materials for them to work with: an old keyboard to type with, file folders and paper, a calculator, an old phone (toy or real), pens and pencils, tape, envelopes, rubber stamps, and notepads.

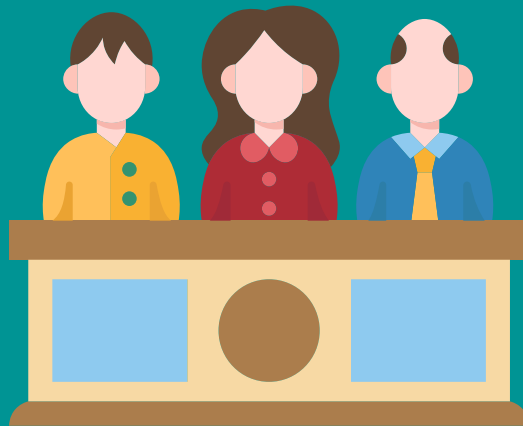
Play pretend with them— give them a "call" to find out when the mail will be arriving, or ask to have a face-to-face meeting in their office!

Please upload your photos of you trying either the recipe or activity onto Baby's Days - we'd love to see!



Join Us

St. Tudy Pre-school is a charity run by a volunteer committee and we are always keen to welcome new members. Putting yourself forward to become a committee member at our upcoming AGM is an excellent opportunity to get more involved. Please feel free to contact Rose, Committee Chair, for an informal chat about joining!



Rach

Pre-School Manager

manager@st-tudy-preschool.org.uk

Rose

Committee Chair

committee@st-tudy-preschool.org.uk

THANK YOU