



St Tudy Pre-school

Sudden Infant Death Syndrome

Sudden infant death syndrome (Cot death) can occur in babies and children from birth, during any period of sleep either night or day. There is no known cause or reason to happen but can be prevented with correct checks and procedures.

In our pre-school, when a baby or child is sleeping we:

- Record sleep routine on a sleep chart, filed in the rainbow file.
- Each check of child is done in 10 minute intervals and recorded each time
- We ensure they are kept in a well ventilated environment
- At an appropriate temperature
- We have a designated room for sleeping children
- Child or babies face is free from blankets or toys/teddies
- Babies can rest in prams we have available
- Sleeping babies or children will be supervised at all times

If we suspect a baby or child to be unwell in the setting when they would normally be awake and alert, we will contact parent/carer immediately.

This policy was adopted at a meeting of: St Tudy Pre-school

Held on:

Date to be reviewed:

Signed on behalf of the committee:

Name of signatory: Emma Sleeman

Role of Signatory: Chair, St Tudy Pre-school

Name of staff member / volunteer	Signature	Date